

A mindful training programme for West London Mental Health Trust

The Brief

The West London Mental Health Trust has used Newbury College for their training requirements for over six years. The College was originally selected over a number of competing providers, due to the flexible and specialised delivery on a number of professional Distance Learning training packages.

The Strategy

Newbury College conducted a detailed training needs analysis in the work place, with the Head of Staff Development for the Trust, Ali Webster. It was then agreed that the Trust would benefit from various training in Level 2, Infection Control, Substance Misuse, Drug Awareness and Conflict Management. The specific training requirements for the Trust have evolved over the last few years in-line with the ever changing needs of the health sector. Further distance learning courses were developed and delivered by the College, in the Prevention and Control of Infection, Mental Health Awareness and Understanding MRSA. Over 190 staff members have received comprehensive training to help them address the on-going challenges within the Mental Health sector. The Distance Learning programmes took on average, 20 weeks to complete and constant support and feedback was provided by Newbury College Assessor, Jill Gayton, through out the training.

The Conclusion

Ali Webster, Head of Staff Development, remarked on the many benefits the training had brought to the organisation "We found our staff had improved their knowledge of the workplace and the training had motivated the teams, as they felt valued and supported by us and all were grateful for the investment in their personal development."

When asked about the level of service Ali had received from Jill Gayton, Distance Learning Assessor for the College, Ali said "The team at Newbury College have an excellent understanding of the Mental Health Trust, the staff and its patient groups. This means we are able to provide ongoing relevant advice to the Trust and provide a flexible approach to training, which meets the individual needs of the learners." Over the years an excellent rapport has been established between Newbury College and the West London Mental Health Trust.

The Learning Skills Council (LSC), helped to contribute towards the over all funding of the Distance Learning courses under the 'Learner Responsive' initiative. Funding in all aspects of Adult and Social Care is now available to many organisations under the Government Train 2 Gain scheme, please call the Business Development team on 01635 845 229 for more details.