

EMERGENCY FIRST AID

Overview:

This course is designed to enable employers to meet their Health and Safety obligations for the provision of First Aid to employees and the general public. The knowledge gained from this course can make the difference between temporary or permanent injury and even the difference between life and death. Delegates will learn how to protect themselves as a rescuer and care for people in an emergency situation.

Course Contents:

- Introduction to the principles of first aid
 - *The aims of emergency first aid*
- Chain of Survival
 - *Early recognition & call for help*
 - *Early CPR*
 - *Early advanced care*
 - *Emergency Management Procedures*
- The cycle of care
 - *The continuous process that is used to ensure that you continue to preserve life*
- Scene Safety
 - *Risks and priorities to the safety of the rescuer, the patient and any bystanders*
- Exposure Protection
 - *Safety of the rescuer and patient – barrier devices and transmission paths*
- Basic Life Support
 - *Survey & assessment*
 - *Airway checks*
 - *Recovery position*
- Cardiopulmonary Resuscitation
 - *Theory & practice*
- Choking Management
 - *Obstruction clearing techniques*
- Control of Bleeding
 - *Bandages & slings*
- Shock management
- Accident Recording
 - *Legal requirements for incident recording in the workplace*
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Duration: One day, 9am until 4.30pm

Location: Newbury College (in-house training available for groups of 12)

Fee includes: Training notes, work book, certificate and credit card proof of competence.

Cost: £90

**Please note this course can be delivered on site at your premises for groups of 8 or more.
This can often be more cost effective for your business**

