

CIEH HEALTH AND SAFETY LEVEL 2

Overview:

This qualification is designed to ensure that employees are aware of safety risks in the workplace relevant to employees, contractors and the public. It incorporates fundamental health and safety and is applicable in any private or public sector environment. Candidates will be required to sit a 30 question multiple choice examination at the end of the session and will be awarded a nationally recognised certificate upon successful completion.

Course Contents:

- Introduction to health and safety
 - *The Health and Safety Executive*
 - *Most common causes of accidents and ill health*
- Accidents and ill health
 - *The accident triangle*
 - *Record keeping*
- Slips and trips
 - *Causes and prevention*
- Manual handling
 - *Safe techniques*
- Health and safety law
 - *Health and Safety at Work Act 1974: Policy, procedure and enforcement*
- Risk Assessment
 - *Principles, methods to record risks and how to reduce risk*
- Hazardous Substances
 - *COSHH*
- Personal Protective Equipment
 - *Types and responsibilities*
- Workplace health, safety and welfare
 - *Room layout/design, ventilation, temperature, lighting, floors, storage and signs*
- Fire: Understanding, prevention and control
- First Aid
 - *Materials, equipment and appointed persons in the workplace*
- Work Equipment, electricity and noise
 - *Safe working procedures*
- Occupational Health
 - *Understanding illness caused or made worse by work*

Duration: 1 day

Location: Newbury College Business Centre

Fee includes: Training notes, certificate and credit card proof of competence.

Cost: £90

Please note this course can be delivered on site at your premises for groups of 8 or more. This can often be more cost effective for your business

